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La Meri once said "The only reason for mastering technique is to make sure the body does not prevent the soul from expressing itself." I have been incredibly lucky to have been guided by the most amazing teachers that allowed me to express my true self all while keeping my voice healthy, efficient and balanced. All of my teachers have greatly shaped how I teach today.

My main objective is to give my students the ability to create and develop their own individual sound that is free of tension. A healthy sound is a free sound and vice versa!! My goal is to create an environment that is non-judgmental, giving my students the freedom to be adventurous and experimental with their sound, ask questions, be vulnerable and enjoy the process of finding their unique sound. There is such gold in the journey of discovering your individual sound! We also have a ridiculous amount of fun:)

While being careful not to overload my students with technique, I emphasize the unity of respiration, phonation, body and aural awareness to improve their tone quality, intonation and flexibility of the voice. My main objective is a free and healthy vocal function so the student may convey the most honest and vulnerable story with their instrument.

Whether the person is an amateur, professional or someone who just wants to up their karaoke game I am there to help guide them on their ever changing journey of finding their true, individual and unique voice.